

# Effective communication within Teams

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When People work in teams, their impact is magnified be it positively or negatively.





Show vulnerability and trust

Engage in productive conflict

Make a commitment to the decision

Build peer to peer accountability, and

Have a joint focus on collective results

## Dysfunctions #1



The fear to be vulnerable with team members prevents the building of trust within the team.

This is vulnerability based trust: "I was wrong", "I made a mistake", "I need your help"

Work with people to gain trust

#### Show vulnerability and develop trust



"Trust is the glue of life. It's the most essential ingredient in effective communication. It's the foundational principle that holds all relationships."

- STEPHEN COVEY -

Steven Covey 13 Behaviours to build Trust



## Dysfunctions #2



The desire to preserve artificial harmony stifles the occurrence of productive, ideological conflict.

This is healthy, passionate debate: "What do you think of this idea?"

Trust is essential for conflict



## The Impact of Conflict on Today's Workplace





In 2019, John Wiley and Sons, Inc. conducted a "Workplace Conflict" survey asking 12,000 businesspeople ranging from executives to managers to individual contributors about their experience with conflict in today's modern workplace.

#1 The sentiment around workplace conflict is almost exclusively negative

What's the first word that comes to mind when you think of conflict?

Frustrations

Drama Petty

Inefficient Gossip

Fights Bullying

90% of the responses were negative

#2 Conflict presents a drag on workplace efficiency



3.2 hours/week spent dealing with conflict for manager-level respondents and above



#3 Conflict fuels employee turnover



40% said they have left a job (ff) in the past because of unhealthy conflict.

69% said their job satisfaction would improve if their coworkers handled conflict more effectively



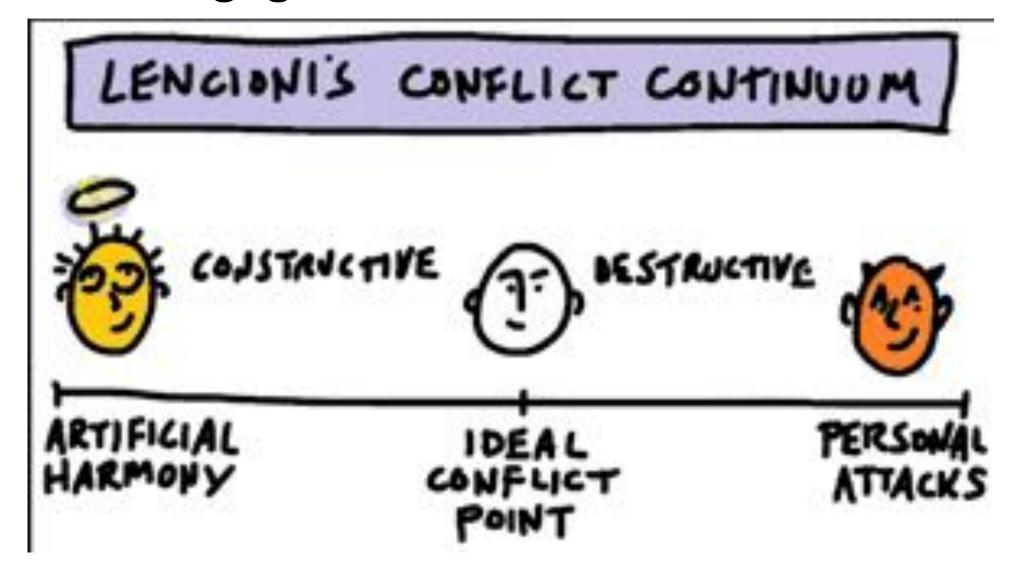


What type of conflict is there?

What type of conflict is Just Right?



### ......Engage in : PRODUCTIVE conflict



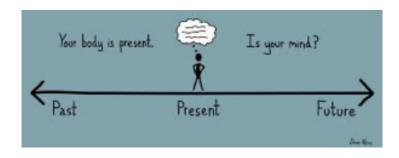
#### ARE YOU...

Mind Full?

or

Mindful?









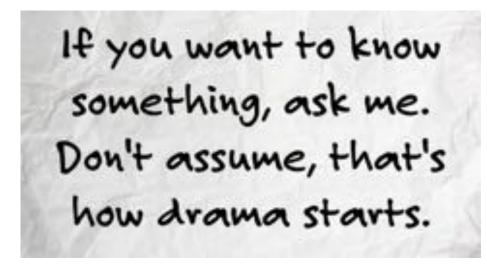
1. lost listener



LISTENING FAILS



2. interrupting listener



3. shrewd listener

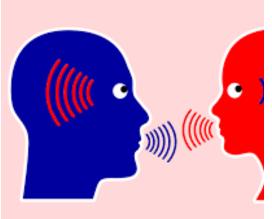


4. dramatic listener

#### **DEEP LISTENING**

- Ready yourself
- Listen to the content
- Listen to the context
- Listen to what wasn't said
- Listen for the meaning

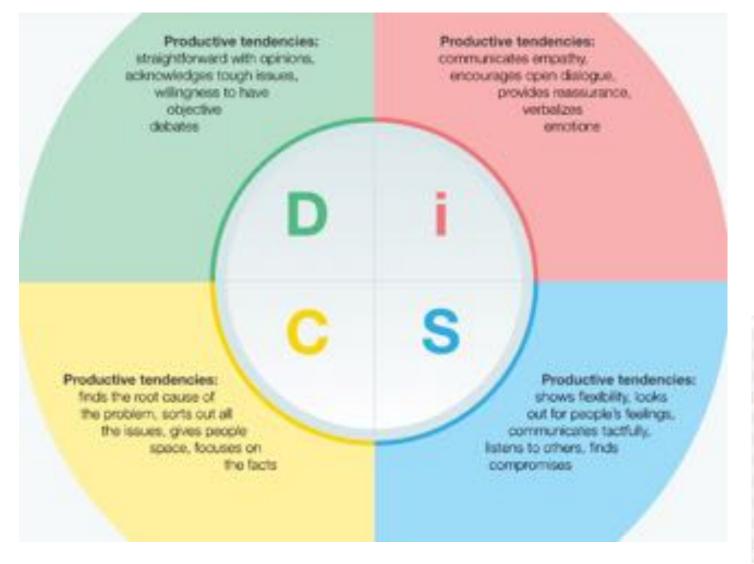




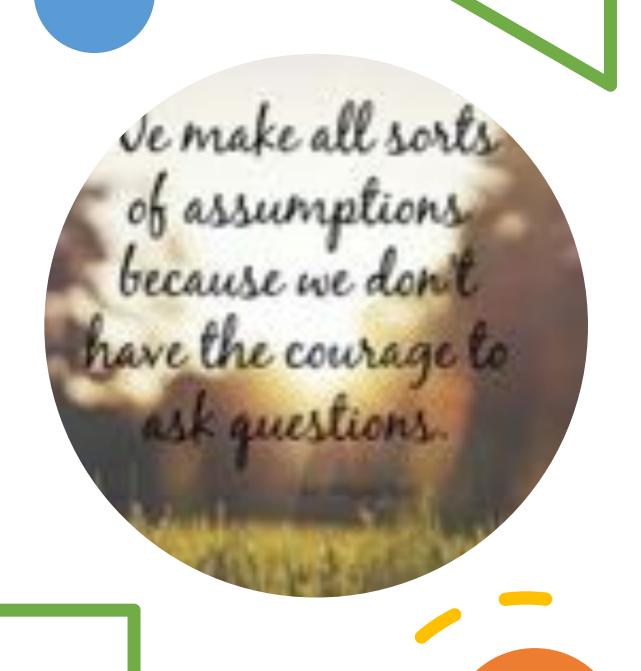




#### We can each have a part to play in Productive Conflict







ALWAYS check for common understanding or Agreement

Because ASSUMING, makes an ASS (of) U + ME

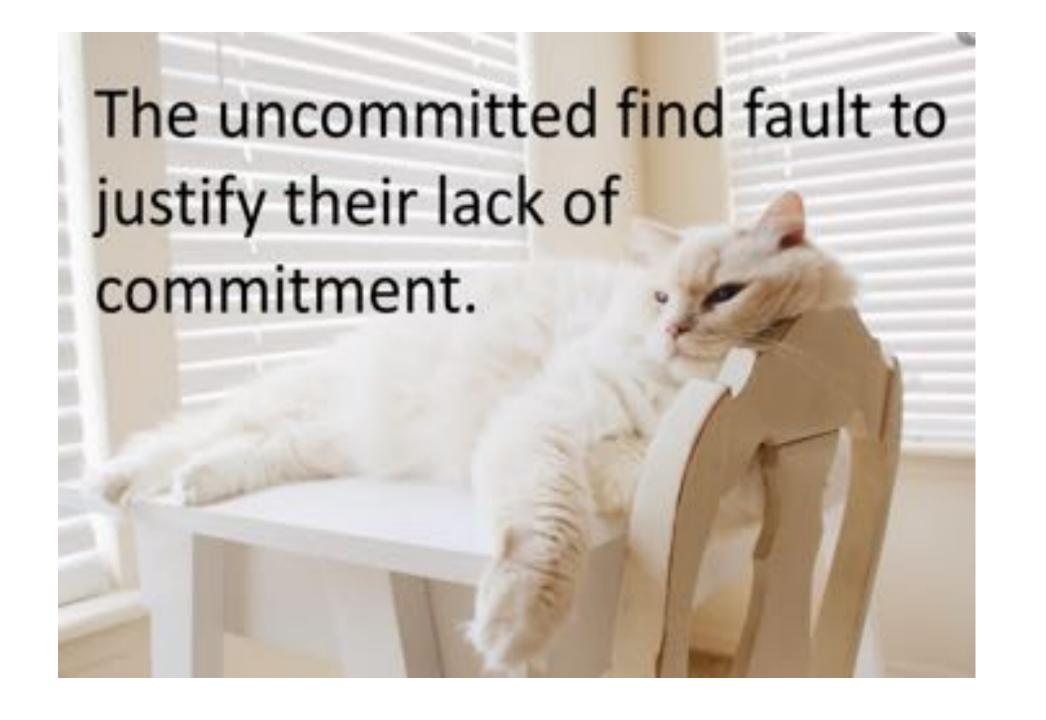
## Dysfunctions #3



The lack of clarity and/or fear of being wrong prevents team members from making decisions in a timely and definitive way.

This is all the cards on the table: "Can you commit to this idea?"

Healthy debate leads to commitment







# Demonstrate commitment

Encourage open discussion amongst the team the team to close off and resolve outstanding issues

Set clear deadlines and expectations

Ensure ALL team members make a commitment to the decisions made

Once a commitment is made, there should be no tolerance of underhand dissention or white-anting.

## Dysfunctions #4



The need to avoid interpersonal discomfort prevents team members from holding one another accountable for their behaviors.

This is holding others accountable for their behavior

Peer to peer is powerful

#### Avoidance of Accountability

- No clear plan of action
- Fear of calling out problems (disempowered)
- No clear expectation
- Unwillingness to tolerate personal discomfort
- Personal relationships interfere, alliances are reinforced outside of the group

- Relationships deteriorate and issues become 'personal'
- Loss of respect for one another
- Loss of motivation
- Loss of enthusiasm
- Standards of the group erode- LOW
   STANDARDS





Accept responsibility for your actions.

Be accountable for your results.

Take ownership of your mistakes.

Lightbod.eadership.com

Have peer to peer accountability

NOTE: This is dependent on 100% COMMITMENT

#### ABOVE THE LINE THINKING



#### BELOW THE LINE THINKING

#### Avoidance of accountability



# A team that avoids accountability . . .

members who have different standards of performance

encourages mediocrity

misses deadlines and key deliverables

places an undue burden on the team leader as the sole source of discipline

# A team that holds one another accountable

ensures that poor performers feel pressure to improve

establishes respect among team members who are held to the same high standards

develops an ability to learn from mistakes

avoids excessive bureaucracy around performance management

IN YOUR ZONE:

## Dysfunctions #5



The desire for individual credit erodes the focus on collective success.

This is about what the team is trying to achieve more than a member's personal interest



A joint focus on collective results

#### Act as a TEAM



Together Everyone Achieves More



'The Five Behaviors of a Cohesive Team' is a trademark of John Wiley & Sons, Inc.

## 5 Behaviours Pyramid.





## thanks for listening

- As always, call me for a complimentary chat if you have a curly situation & you think I might be able to help ...
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